

Foundations of Wisdom II

Adapted from: Kilburg, R.R. (2006). *Executive Wisdom: Coaching and the Emergence of Virtuous Leaders*. Washington, DC: American Psychological Association.

Imagine you are going to be interviewed for a 2-3 minute spot on the evening news concerning your personal and professional morals. You will be asked to give a succinct statement in front of a television audience. In preparation for this event, please take 15 to 20 minutes and answer the following questions as best as you can. Then summarize your own individual moral point of view.

1. In what, if any, religious, ethical, or moral tradition were you raised, and what do you believe those experiences contributed to your own moral perspective?.....
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2. Who is the person in your life who provided you with the best moral, ethical, or values guidance?.....
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3. In your personal experience, who best represents someone who both has and abides by a moral- or values-based position in life? Briefly describe why you believe this is so.....
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4. Who is the most immoral person you personally know or have known? How did you discover the lack of morality? What did you learn from him or her?.....
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5. What three books, plays, movies, or other sources of learning have most instructed you in moral reasoning or moral conflict? How and why did they influence you?.....
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