

Personal Coaching for Business Managers

- Are you at a crossroad in your career?
- Not sure what's the best decision to make for all concerned?
- Do you need to improve your people skills?
- Do you want to be more influential?

Personal coaching for business managers by Peter Webb * will help you improve your performance in the areas of leadership, communication, interpersonal, and political skills.

Program

Personal coaching for business managers is a business and coaching psychology program incorporating the following features:

- Valuable insight into your *authentic self* and the *landscape* of your present situation, both at work and at home.
- Decision-making tools and techniques for successfully approaching and resolving difficult decisions.
- Goal setting and motivational techniques for establishing your personal and business directions and keeping you on track to achieve them.
- How to have *fierce* conversations with others in order to better manage performance and get the personal and business outcomes you desire.
- How to practice *political savvy* in securing the career outcomes you deserve.
- Development of applied emotional intelligence competencies for building better work relationships and getting things done through other people.
- Systems thinking approaches for exploring family, work and team dynamics.
- Neurobiology approaches for improving wellbeing and work-life balance.

Personal and Executive Coach Psychologist

*Peter Webb is a registered Coach Psychologist with an applied research focus in the psychology of *wisdom*. He has an established executive coaching reputation with leaders across the financial services, professional services, media, industrial, pharmaceutical, government, and SME sectors. He is the co-founder of Sydney-based consultancy ITC (Intentional Training Concepts) Pty Ltd, a facilitator with Chifley Human Capital – part of Chifley Business School, and an Assistant Program Director with the Mt Eliza Executive Education Centre – part of Melbourne Business School.



Peter is the author of "[Coaching for Wisdom: Enabling Wise Decisions](#)" (2008), in: D.B. Drake, K. Gørtz, & D. Brennan (Eds.) *The Philosophy and Practice of Coaching* (pp. 161-175), San Francisco, CA: Jossey-Bass.

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