

## WIL (Wisdom in Leadership): Self-Awareness

Adapted from: Kilburg, R.R. (2006). *Executive Wisdom: Coaching and the Emergence of Virtuous Leaders*. Washington, DC: American Psychological Association.

1. What is your model of leadership and how do you typically convey it to others?.....  
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2. From whom did you learn your major positive and negative lessons about leadership? Can you identify and define the most important lessons?.....  
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3. What were your experiences of competition as you were growing up and how do you believe they affect how you currently lead?.....  
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4. What were your experiences of human conflict as you were growing up, and how do you believe they affect how you currently lead?.....  
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5. What were your experiences of problem-solving and decision making as you were growing up, and how do you believe they affect how you currently lead?.....  
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6. Identify three to five historical or present-day leaders you most admire and describe why you feel that way:.....  
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2. Identify three to five historical or present-day leaders you least admire and describe why you feel that way:.....  
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3. When you look back on your life at the age of 70 or perhaps 80, what would you want to have accomplished?.....

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4. If you could change one thing about yourself, what would it be?  
Why?.....  
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Why hasn't it happened  
yet?.....  
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5. If you could change one thing in the world, what would it be?  
Why?.....  
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6. If you could change one thing in your organization, what would it be?  
Why?.....  
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7. If you could change one thing in your own family, what would it be/  
Why?.....  
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8. How would you describe your current relationships with your parents and  
siblings?.....  
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9. How would you describe your current relationship with your  
children?.....  
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10. How would you describe your current relationship with your spouse or significant  
other?.....  
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11. What expectations do you have of your spouse or significant other in relation to  
your career and the work you are currently  
doing?.....  
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